



1. PULLED CARROT TACOS

& STREET CORN







Authentic corn tortillas from La Tortilleria filled with spiced shredded carrot and salsa, finished with green goddess sauce and served with a side of cheesy corn.

PER SERVE

PROTEIN	TOTAL FAT	CARBOHYDRATES
10g	20g	95g

FROM YOUR BOX

CORN COB	1
CHERRY TOMATOES	1/2 bag (100g) *
AVOCADO	1
CORIANDER	1/2 packet *
LIME	1
RED ONION	1/4 *
CARROT	1
TORTILLAS	8 pack
GREEN GODDESS SAUCE	1/2 bottle *
SMOKED GOUDA	1/2 packet *

^{*} Ingredient also used in another recipe

FROM YOUR PANTRY

oil (for cooking), salt, pepper, ground cumin (or coriander), smoked paprika

KEY UTENSILS

griddle pan or frypan, frypan

NOTES

The Green Goddess sauce has a little heat from the jalapeños. For a child friendly version, you can use natural or coconut yoghurt instead.

Use a microplane or fine grater for the cheese if you have one.



1. CHAR THE CORN

Heat a griddle pan over high heat. Cut corn into halves and coat with **oil**. Cook in pan for 8-10 minutes until charred and cooked through.



2. PREPARE THE SALSA

Meanwhile, quarter tomatoes. Dice avocado and chop coriander. Toss together with lime zest and 1/2 the juice (wedge remaining). Set aside.



3. COOK THE PULLED CARROT

Heat a frypan over medium-high heat with oil. Slice and add onion. Grate carrot and add to pan along with 2 tsp cumin and 2 tsp smoked paprika. Stir through 1/4 cup water and cook for 6-8 minutes until softened. Season with salt and pepper.



4. COOK THE TORTILLAS

Warm tortillas in griddle pan according to packet instructions. Keep warm until serving.



5. FINISH THE STREET CORN

Coat cooked corn with 1 tbsp green goddess sauce. Grate smoked gouda on top (see notes).



6. FINISH AND PLATE

Assemble the tacos with pulled carrot and salsa. Serve with street corn, lime wedges and extra green goddess sauce to taste.



